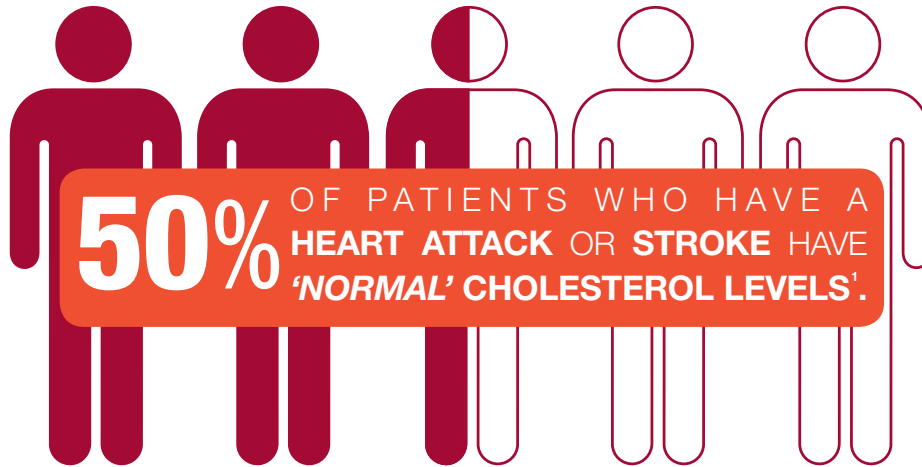


# Know Your Risk Program™



These simple blood and urine tests can help **YOU** and **YOUR DOCTOR** understand **YOUR RISK** of heart attack and stroke beyond standard cholesterol testing.

## inflammation testing™ from ClevelandHeartLab

**F<sub>2</sub>-Isoprostanes**  
**Oxidized LDL**

**ADMA/SDMA**  
**Microalbumin**  
**hsCRP**

**Myeloperoxidase**  
**Lp-PLA<sub>2</sub> Activity**

**\$199**

### Other Assessment Options:

#### Advanced Metabolic

HbA1c  
Insulin  
Adiponectin  
Uric Acid  
TMAO

**\$90**

#### Advanced Lipid

Standard Lipid Panel\*  
ApoB  
ApoA1  
sdLDL  
Lp(a)

\*Does not include reflex to Direct LDL, if TGs >400 mg/dL.

**\$90**

#### Lifestyle/Nutrition

Coenzyme Q10  
Vitamin D, 25 OH  
TSH  
OmegaCheck™

**\$90**

1. Ridker PM et al. Rosuvastatin to prevent vascular events in men and women with elevated C-reactive protein. *N Engl J Med.* 2008; 359: 2195-2207.

To view the **Know Your Risk**  **Video**™ or for additional information, please visit [knowyourrisk.com](http://knowyourrisk.com) or call **1-866-358-9828** to speak with Customer Support.



# GET STARTED TODAY IN 4 EASY STEPS...

**1** Call Cleveland HeartLab Customer Support 866-358-9828, option 1 and let them know you'd like to participate in the Know Your Risk Program.

**2** Choose the test profile, sample collection, and draw option that best suits your needs.

| Choose <b>One</b> or <b>More</b> Assessments | Test Assessments                | Price |
|--|---------------------------------|-------|
|  | Inflammation Assessment         | \$199 |
|  | Lifestyle/Nutrition Assessment  | \$90  |
|  | Advanced Cholesterol Assessment | \$90  |
|  | Advanced Metabolic Assessment   | \$90  |
|  | <b>Total Cost (A)</b>           |       |

| Choose <b>One</b> Draw Option | Sample Collection and Processing Options | Price       |
|-------------------------------|--|-------------|
|                               | Executive Option*                        | \$100-300** |
|                               | Self-Directed Option                     | \$35        |
|                               | <b>Total Cost (B)</b>                    |             |

\*CHL will schedule a blood draw for you at your home or office.

\*\*Price dependent on location within the U.S. Customer Support will provide a specific quote upon determining distance for staff and time requested for service.

| Sample Collection and Processing Options |                   |  |
|--|-------------------|--|
|  | Executive Option* | Self-Directed Option   |
| Total Price                              | \$100-\$300       | \$35   |
| Sample Kit Needed?                       | <b>No</b>         | <b>Yes</b><br><i>Your kit will arrive within 4-7 business days</i>   |
| Requisition Form Needed?                 | <b>No</b>         | <b>Yes</b><br><i>You will need to complete the CHL requisition form provided with your kit</i>   |
| Draw Station Needed?                     | <b>No</b>         | <b>Yes</b><br><i>You will need to bring your kit and requisition form to a local lab/ draw station to have your blood drawn and processed</i>            |
| Kit Shipment Needed?                     | <b>No</b>         | <b>Yes</b><br><i>You will need to ship your requisition form and samples to CHL by contacting FedEx for a pick-up or by drop off at a FedEx drop-box</i> |

\*CHL will schedule a blood draw for you at your home or office.

**3** Choose a test reporting method.

| Choose <b>One</b> Test Reporting Option | Test Reporting Method              | Price     |
|---|------------------------------------|-----------|
|   | E-mail to designated address       | No Charge |
|   | Fax to designated fax number       | No Charge |
|   | <b>Print Color Copies and Mail</b> |           |
|   | Standard Delivery (allow 5-7 days) | \$15.00   |
|   | Express 2 Business Day Delivery    | \$25.00   |
| Next-Day Delivery (excl. Saturdays)     | \$35.00                            |           |
|   | <b>Total Cost (B)</b>              |           |

|                              |  |
|------------------------------|--|
| <b>Your Total Cost (A+B)</b> |  |
|------------------------------|--|

**4** Provide payment via credit card.

- Payment is required at the time your order is placed prior to CHL shipping your supplies or dispatching a phlebotomist. Your customer support representative will be able to take your credit card payment over the phone.

### For Your Consideration

The following states do not allow direct-to-consumer testing, and require physician order:

- Alabama
- Connecticut
- Georgia
- Hawaii
- Idaho
- Iowa
- Kentucky
- Michigan
- New Hampshire
- Pennsylvania
- Rhode Island
- South Carolina
- Tennessee
- Wyoming

